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## Long-term conditions in Morecambe Bay



**42%** **120,454**

of adults in MB with a long-term condition      adult population in MB with a long-term condition



**£7** **out of every £10**

in the NHS is spent on caring for people with a long-term condition

Health and social care services are sometimes

**FRAGMENTED**

and don't collaborate to treat the whole person



**Long-term conditions affect people's quality of life.** And if you **also have poor mental health**, you may not be able to manage your LTC as well as others



**10%**

of patients with a long-term condition **also have poor mental health**



There are **over 100 additional deaths per year** in patients **under 75** in the most disadvantaged **20%** of areas compared with the rest of Morecambe Bay

**44%**

of patients **with any long-term conditions** have additional long-term conditions

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Bay Health & Care Partners  
delivering

bettercare  
together

## Long-term conditions account for:



**57%**

of all GP consultations



**49%**

49% of all A&E attendances



**60%**

of all outpatient appointments



**63%**

of all urgent (not planned) admissions

## The 4 main LTCs are:



**Cardiovascular disease**



**Cancer**



**Respiratory disease**



**Diabetes**

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## What have patients told us?

“  
**Patients  
have told  
us they  
want:**  
”



Help quickly when they need it



Better support and communications



To stay in their home for as long as it is safe

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## What we want to do

### We will:

Reduce the number of people dying from **cardiovascular, cancer and respiratory disease**, by providing the right support to people in the areas with the highest number of premature deaths



Ensure the **right services** are in the right place for the people who need them most



Work with our **communities** to meet their needs



**Improve the quality of life** for people with a long-term condition



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## Who is at risk?



People who already have a long-term condition



People who are Black, Asian or from a minority ethnic background



Those who have high blood pressure



Older people



People who are very overweight



People from disadvantaged backgrounds



Those who smoke

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## How will we achieve this

For more information on our plans go to: [BCT2\\_Strategy\\_-\\_Final\\_March\\_2020.pdf](#) ([healthierlsc.co.uk](http://healthierlsc.co.uk))



We will **engage with our communities** to design and improve services



**Empower our patients** to avoid, manage and live well with their long-term conditions including those with multiple long-term conditions



**Reduce** the number of **patients living with** multiple long-term conditions



**Improve early detection** of long-term conditions to improve management and reduce complications



**Promote partnership and integrated working** across all agencies – health, social care, community and voluntary sector to deliver high-quality services for people with long-term conditions