

Bay Health and Care Partners newsletter

Issue 14: August 2022

Welcome to the fourteenth edition of our Bay Health and Care Partners (BHCP) newsletter where we will update you every month on the collaborative work that is taking place in Morecambe Bay's Place-Based Partnership and the outcomes and benefits for communities.

I would like to start this month's newsletter by congratulating Dr Geoff Jolliffe who has recently been appointed as GP Partner member of the new Integrated Care Board (ICB). On behalf of the Bay Health and Care Partners leadership team I want to thank Geoff for his support during his time as joint chair. You can read more about the new ICB which is now established [here](#).

It was great to see Lancaster bustling at the Bay Health Festival which took place between 7 and 11 July. The health and wellbeing festival had a variety of events, beginning with an anatomy lecture by Professor Adam Taylor. Hundreds of people attended the main part of the festival over the weekend and enjoyed activities such as mixed martial arts, a smoothie bike and a cycling village. The festival will return in 2023, so if you have a hidden talent you want to share, please get in touch with thebayhealthfestival@gmail.com



I would like to draw your attention to the BHCP People Board which meets every six weeks to discuss the Workforce Programme for BHCP and drive forward projects of work that benefit all our employees across the Morecambe Bay area and meets the over-arching aims of the Place-Based Partnership. The update has seen some changes to its structure and new appointments which can be found in the latest update at the BHCP website [here](#).

As the school holidays approach families will be looking for fun and enriching activities to take part in. The Holiday Activities and Food Programme has got hundreds of free activities planned which can be found at Cumbria County Council's website [here](#) and at Lancaster City Council's website [here](#). Young people in Lancaster will also have the chance to take part in a new poetry and art competition this summer at Lancaster Maritime Museum. The competition ties in with an upcoming exhibition, 'Whale: Last of the Giants', which opens at the Maritime Museum on Friday November 11. The competition closes for entries on Friday 19 August. You can read the full story at Lancaster City Council's website [here](#).

Lastly, I would like to close by highlighting the second edition of University Hospitals of Morecambe Bay NHS Foundation Trust's (UHMBT) Improving Together newsletter. In this edition there's a focus on some of the fantastic improvements that are taking place across Trust. One of these initiatives is 'Safe Staffing', led by Lorna Pritt, Associate Chief Nurse, so there is a special feature exploring the ways in which recruitment, retention, policies, procedures, systems and strategy are being developed. You can read the latest edition at the UHMBT website [here](#).



Prof Mike Thomas, Chair for BHCP

Partners transforming services

Every month we will explore a different area of our programmes of work that are transforming services. This month, we focus on a new Transfer of Care Hub that is set to launch on Monday 5 September 2022 with the aim of ensuring patients in North Lancashire, South Cumbria and Furness are discharged from hospital on the right pathways, with the right discharge information, and that they get the right onward care and support. You can read the full story at the BHCP website [here](#).



Listening to our communities

The voices of our communities are central to our new way of working. Recently members of the public joined in a Community Conversation on Social Value in Lancaster. This conversation explored the general understanding of social value and Sustainable Development Goals and focused on establishing local social value priorities in the Lancaster district in relation to social, economic and environmental wellbeing. You can read more about the session and its findings at the BHCP website [here](#).



GP focus with Dr Nick Johnstone

Our GPs are an important part of Bay Health Care Partners and here our GPs and primary care colleagues have the opportunity to talk about issues and specialties that they are working on or interested in. In this edition, we would like to highlight the 'Walk with a Doc-Lancaster' programme which launched last month.

Dr Nick Johnstone, a semi-retired GP, will lead the 'Walk with a Doc-Lancaster' programme which is aimed at local people who do not take regular exercise, allowing them to improve their health and wellbeing. The sessions will not only give people the opportunity to benefit from exercise but include a brief talk on a health-related topic, and informal access to a GP. The Lancaster walks are free and will take place every Tuesday from 11am starting at the Lancaster side of the Millennium Bridge. You can read the full story at the Bay Health and Care Partners website [here](#). A poster about the walks can be found [here](#).



The spotlight on...

Every month we will feature a different voluntary, community, faith sector or Social Enterprise (VCFSE) organisation across the Bay. This time the spotlight is on...Community Catalysts.

Community Catalysts is a social enterprise working across the UK to support local people to use their skills and talents to help other local people that may need support to live the life they want.

The projects in Cumbria work with local people who want to develop small enterprises and ventures offering a range of help and support for older and disabled people at home. People could offer help with anything from cleaning, getting washed and dressed, shopping, cooking, dog walking, trips out, DIY, gardening or companionship. You can read the full case study at the BHCP website [here](#).



community
catalysts®

unlocking potential
effecting change

Celebrating our teams

There are a variety of roles across BHCP and other organisations we work with in the community. Here we shine the spotlight on the people who carry out a range of roles to keep our communities healthy and supported.

Pamela Green is a Front Desk Volunteer for CancerCare at the centre on Duke Street in Barrow-in-Furness. Pamela first got involved in charity fundraising following her cancer treatment in 2014 and began planning and taking part in events supported by friends and family. You can read the full case study at the BHCP website [here](#).



ICCs update

Our Integrated Care Communities (ICCs) are integrated teams of health and care workers, voluntary organisations and wider community assets who work together to aim to improve physical and mental health outcomes, promote wellbeing and reduce health inequalities across an entire population.

A series of Health, Wellbeing and Safety events have been held with local school children aged five to 11-years-old with the aim of sharing important messages through classroom sessions and fun outdoor activities.

The sessions for Reception to Year 6 students were organised by Lancaster Integrated Care Community (ICC) and held at Ryelands Primary and Nursery School, Willow Lane Primary School, the Cathedral Catholic Primary School and Christ Church Primary School. You can read more at the BHCP website [here](#).



Top stories from our Partners

University Hospitals of Morecambe Bay NHS Foundation Trust - [Future healthcare professionals celebrated](#)
NHS Lancashire and South Cumbria Integrated Health Board - [Latest news](#)

Lancashire and South Cumbria NHS Foundation Trust - [Latest news](#)

Cumbria CVS - [Supporting refugees in Cumbria](#)

Lancaster District CVS - [July Bulletin](#)

Cumbria County Council - [Adult Learning offers free qualifications](#)

Lancashire County Council - [Young people with autism and learning disabilities celebrated](#)

Barrow Borough Council - [Scheme to tackle fuel poverty](#)

South Lakeland District Council - [Community fund launched to help alleviate poverty](#)

Lancaster City Council - [Air pollution campaign to tackle solid fuel appliances](#)

Lancashire and South Cumbria H&C Partnership - [Latest news](#)

***[Suicide Bereavement Support event, Forum 28 Barrow, Saturday 10 October, 10am.](#)

This newsletter is produced by the BHCP Communications and Engagement Team. If you would like to submit a story please contact Michelle Jordan, Ivan Drozdov and Karen Evans at BHCP.Communcations@mbht.nhs.uk

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